

About Dan Prinsloo

Mr Dan Prinsloo is a Cosmetic and Reconstructive Plastic Surgeon serving North Staffordshire and Shropshire.

He first qualified in 1987 as a Medical Doctor at the University of Pretoria, South Africa, where he graduated as a Bachelor of Medicine/Bachelor of Surgery (MBChB). He was always interested in plastic and reconstructive surgery and had extensive exposure to surgical procedures even as a junior doctor. In 1989, he joined the extensive training programme in Plastic and Reconstructive Surgery at the University of Pretoria.

He qualified as a Plastic Surgeon in 1995 after completing his Master's degree in Plastic and Reconstructive Surgery (MMed Plast Surg). In the same year, he also achieved the distinction of becoming a fellow of the Royal College of Surgeons of South Africa (FCS Plast (SA)).

Further training and experience

Mr Prinsloo was appointed as Consultant Plastic Surgeon within the NHS in South Africa (Pretoria) in 1996. He decided to gain further specialised training and experience by undertaking fellowships in some of the best plastic surgery units in the world. He received further extensive training in Taipei (Taiwan), Tokyo (Japan) and Glasgow (Scotland). He then returned to South Africa to continue his work as a consultant within the NHS as well as working as a private Cosmetic Surgeon. He moved to the UK in 1998 and in 1999 was appointed as Consultant Plastic Surgeon within the NHS in North Staffordshire (Newcastle-under-Lyme) and Shropshire (Shrewsbury).

Expertise and special interests

Mr Prinsloo is an experienced breast surgeon and performs mainly reconstructive breast surgery within the NHS. He also provides a service in specialised head and neck skin cancer surgery, limb reconstruction and general plastic surgery. Mr. Prinsloo is a highly experienced Cosmetic Surgeon providing the full range of cosmetic procedures.

Mr. Dan Prinsloo



Areas of Expertise

Breast Surgery

- Breast Augmentation
- Breast Reduction
- Breast Uplift
- Breast Asymmetry
- Inverted Nipple Correction
- Breast Reconstruction

Body Contouring

- Tummy Tuck
- Mini Tummy Tuck
- Body Lift
- Liposuction

Facial Surgery

- Face/Neck Lift
- Mini Facelift
- Eyelid Reduction
- Eyebag Removal
- Ear Reshaping
- Nose Reshaping

Removal of Lesions

- Moles
- Cysts
- Lumps
- Scar Improvement

Cosmetic Surgery

to book your consultation call us on

0844 800 4480

or visit our website

www.prinsloo-surgery.co.uk

Consulting Rooms

Newcastle-under-Lyme
Shrewsbury

GMC Specialist Register

Member of BAPRAS

Member of BAAPS

DISCLAIMER:

This leaflet is provided for general information only and is not a substitute for a professional consultation with Mr. Prinsloo.

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DJ & A Prinsloo

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Cosmetic Surgery

CONSULTANT PLASTIC &
RECONSTRUCTIVE SURGEON

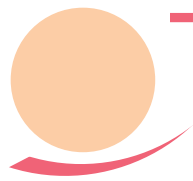
Mr. Dan Prinsloo

MBChB, MMed(Plast)FCS(Plast)

www.prinsloo-surgery.co.uk



Facelift/
Neck Lift



FaceLift/Neck Lift

Description

Re-draping and removal of excess sagging skin of the face, jowls and neck to produce a more youthful appearance. (Just as you would do in front of a mirror). The excess skin is removed around both ears.

Who are candidates?

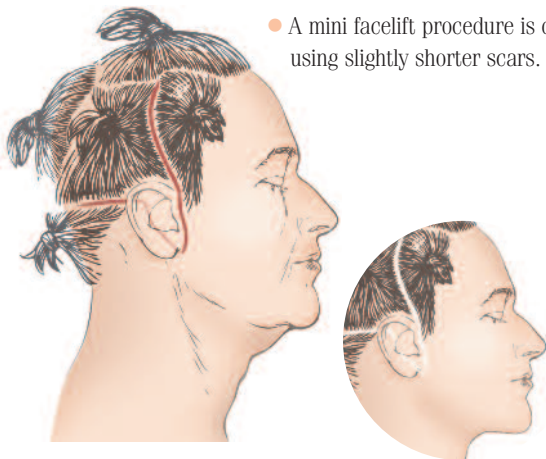
If you have:

- Loss of skin elasticity and muscle tone of the face and neck
- Developed jowls and deep creases from nose to mouth and from mouth to jaw line
- Developed face and neck wrinkles that give you a tired, aged look
- Sagging skin around the jaw and neck

How is it done?

- Incisions are made within the hairline, above the ear, extending down around the lobe and ending in the hairline behind the ear
- The deeper layers are tightened, the facial skin is re-draped and lifted, and the excess skin is removed

- A mini facelift procedure is done using slightly shorter scars.



Length of surgery

Facelift/Neck lift 2 - 3 hours
Mini Facelift 1 - 2 hours

Hospital stay

Two night stay is recommended

Anaesthesia

General anaesthetic

Time to heal

- Small drains are removed within 24 hours
- All sutures are removed within 2-3 weeks
- Facial tightness and discomfort for one to two weeks
- Back to work in 2-3 weeks
- Swelling, bruising and stiffness may persist for 6-8 weeks
- May take several months to see final results

Risks

Risks are rare but may include:

- Bleeding, haematoma (blood clot), infection, wound breakdown, nerve damage, visible scarring, asymmetry of two sides, lumpiness under the skin, hair loss, altered hairline and complications related to anaesthetic (DVT, PE and chest infection)
- Facial nerve damage resulting in possible muscle twitches or paralysis of muscles to forehead, eyebrows, cheek and corner of the mouth. Nerve damage may be permanent (<1%)

Duration of results

- Long-lasting, but will depend on skin type, life style and the natural ageing process
- The effects of ageing and gravity will continue following a face lift procedure

Pro's

- Turning the clock back by restoring youthful facial features

Con's

- Permanent scarring at the side of the face, will fade over time, hidden by hairline and natural creases
- A facelift cannot remove deep skin creases such as:
 - forehead lines
 - frown lines between eyebrows
 - crows feet around the eyes
 - naso labial folds
 - upper lip wrinkles

Answers to myths

- It is possible to repeat a facelift
- It is possible to create a natural appearance rather than an operated look
- There is no quick fix alternative for a facelift procedure offering long lasting results
- Eyelid correction procedures can be done at the same time as facelift.