

## About Dan Prinsloo

Mr Dan Prinsloo is a Cosmetic and Reconstructive Plastic Surgeon serving North Staffordshire and Shropshire.

He first qualified in 1987 as a Medical Doctor at the University of Pretoria, South Africa, where he graduated as a Bachelor of Medicine/Bachelor of Surgery (MBChB). He was always interested in plastic and reconstructive surgery and had extensive exposure to surgical procedures even as a junior doctor. In 1989, he joined the extensive training programme in plastic and reconstructive surgery at the University of Pretoria.

He qualified as a Plastic Surgeon in 1995 after completing his Master's degree in Plastic and Reconstructive Surgery (MMed Plast Surg). In the same year, he also achieved the distinction of becoming a fellow of the Royal College of Surgeons of South Africa (FCS Plast (SA)).

### Further training and experience

Mr Prinsloo was appointed as Consultant Plastic Surgeon within the NHS in South Africa (Pretoria) in 1996. He decided to gain further specialised training and experience by undertaking fellowships in some of the best plastic surgery units in the world. He received further extensive training in Taipei (Taiwan), Tokyo (Japan) and Glasgow (Scotland). He then returned to South Africa to continue his work as a consultant within the NHS as well as working as a private Cosmetic Surgeon. He moved to the UK in 1998 and in 1999 was appointed as Consultant Plastic Surgeon within the NHS in North Staffordshire (Newcastle-under-Lyme) and Shropshire (Shrewsbury).

### Expertise and special interests

Mr Prinsloo is an experienced breast surgeon and performs mainly reconstructive breast surgery within the NHS. He also provides a service in specialised head and neck skin cancer surgery, limb reconstruction and general plastic surgery.



Mr. Dan Prinsloo

## Other Cosmetic Procedures include:

- Breast Reduction/Uplift
- Face/Neck Lift
- Eyelid Reduction
- Nose Reshaping
- Ear Reshaping
- Tummy Tuck
- Liposuction
- Mole Removal



Cosmetic  
Surgery

to book your consultation call us on  
**0844 800 4480**  
or visit our website  
[www.prinsloo-surgery.co.uk](http://www.prinsloo-surgery.co.uk)

### Consulting Rooms

Newcastle-under-Lyme  
Shrewsbury

GMC Specialist Register  
Member of British Association of Plastic  
Reconstructive and Aesthetic Surgeons

#### DISCLAIMER:

This leaflet is provided for general information only and is not a substitute for a professional consultation with Mr. Prinsloo.

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Nose Re-shape

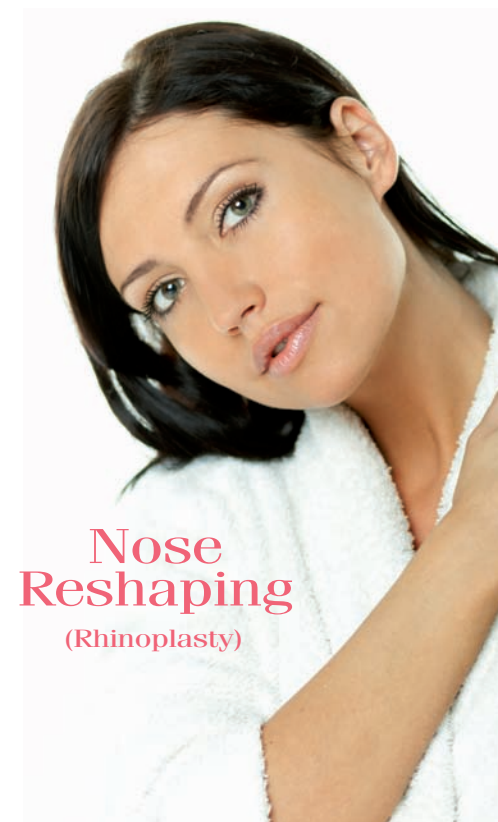


Cosmetic  
Surgery

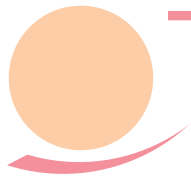
CONSULTANT PLASTIC &  
RECONSTRUCTIVE SURGEON

Mr. Dan Prinsloo

MBChB, MMed(Plast)FCS(Plast)



Nose  
Reshaping  
(Rhinoplasty)



# Nose Reshaping

## (Rhinoplasty)

### Description

Surgery to reshape the nose by altering its size, angle, curves and proportions. It can straighten a lump on the bridge and refine the nasal tip to make it look more natural and in proportion with the rest of the face.

### Who are candidates?

- If the nose is prominent as a result of injury or developmental defects
- If you feel your nose is unattractive and not in balance with other facial features
- If you have realistic expectations about the outcome of nose reshaping

### How is it done?

- Open Rhinoplasty: when changes are required to the tip and dorsum of nose. Incisions are placed inside nose and across the columella (straight portion between nostrils).
- Standard Rhinoplasty: all incisions are inside the nostrils and changes are made to bones, cartilages and soft tissues as needed.

### Length of surgery

1 to 2 hours

### Hospital stay

Overnight stay

### Anaesthesia

General anaesthetic

### Time to heal

- Packing inside nose for 24 hours
- External splint on nose for one week
- Bruising and swelling subside in 1-2 weeks
- Return to work in 2 weeks
- Normal activity in 4-6 weeks
- Final swelling will resolve in 6-12 months

### Risks

Risks are rare but may include:

- Bleeding, haematoma (blood clot), infection, asymmetry, alteration in sensitivity, scarring, breathing problems, complications related to anaesthetic (DVT, PE and chest infection) and results not meeting with expectations
- Repeat surgery is possible, but should never be rushed into

### Duration of results

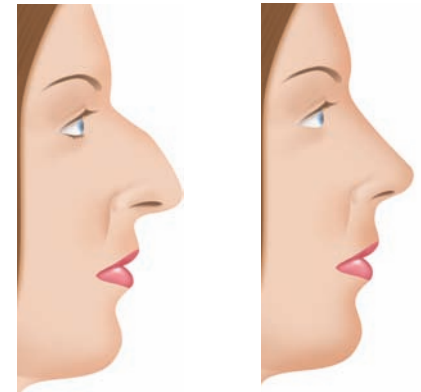
Long lasting, but ageing may affect results overtime.

### Pro's

- Refinement of prominent features to create a more balanced look

### Con's

- May take up to twelve months for swelling to settle in order to get the final result



*BEFORE  
Rhinoplasty*

*AFTER  
Rhinoplasty*